



August 18-24, 2014
Cycle 3

Food portions at breakfast and lunch will be served as required by the Healthy Hunger-Free Kids Act of 2010.

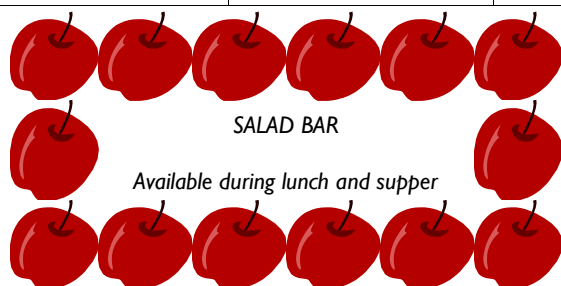
For more information, please visit the FNS website:
<http://www.fns.usda.gov/cnd/governance/legislation/nutritionstandards.htm>



Graphic contributed by Fidel Gomez
Menu suggestions by Yucca Residence

****Please note: Items are subject to change based on availability without prior notice****

Mon 18	Tue 19	Wed 20	Thu 21	Fri 22	Sat 23	Sun 24
WG pancake turkey wrap or WW toast Pineapple or Orange juice Milk (syrup)	WG cinnamon french toast or WW toast Mixed fruit or Apple juice Bacon Milk (syrup)	WW tortilla or WW toast Peaches or Raspberry juice Scrambled eggs w/ potatoes Milk	Pancake turkey wrap or WW toast Pears or Orangerine juice Yogurt Milk	WG turkey sausage pizza or WW toast Mandarin oranges or Fruit punch Milk		
Macaroni and cheese or Macaroni and cheese with bacon Baked beans Pineapple Milk	Meatballs on bun Vegetable Italian blend Fruit salad Milk (parmesan cheese)	Baked chicken Broccoli with cheese sauce WW dinner roll Apricots Milk (margarine)	Chicken salad Sweet potato gems Melon cup WW breadstick Milk	Popcorn chicken Potato wedges Seasonal fruit Cookie Milk	Spaghetti w/ meatballs Green beans WW breadstick Rainbow sherbet Milk	Turkey cheese hoagie (BYO: lettuce/tomato/pickle slices/banana peppers/olive slices/onion slices) Pasta salad Chips Ice cream Milk
BLT Corn Green beans Apricots Milk	Chili dog on bun or Hotdog on bun Chili fries w/ cheese sauce CC fruit rollup Milk	Meatloaf Mashed potatoes Corn Butterscotch pudding Milk (gravy)	Baked chicken Rice pilaf Green beans Seasonal fruit Milk	Hamburger on bun Cheeseburger on bun French spiral fries Ice cream Milk	(HM cheese enchilada Refried beans Peaches Milk (lettuce/salsa)	Beef and broccoli Steamed rice Potato salad Fortune cookie Milk



- ♦ 1% and fat-free milk offered at every meal
- ♦ fat-free chocolate milk will be offered at lunch and supper every Tuesday and Thursday
- ♦ fat-free strawberry milk may be offered occasionally

Criteria for a meal to be reimbursable:

- ⇒ **Must have 3 components (one component must be fruit or vegetable) at breakfast**
- ⇒ **Must take the fruit or vegetable component and 2 other components from 5 different components (food groupings) at lunch**

Breakfast:	6:45-7:45am Monday-Friday
Lunch:	11:30am-1:10pm Monday-Thursday
Supper:	4:30-6:00pm Monday-Thursday
	11:30am-1:00pm Friday
	4:30-5:30pm Friday
Saturday & Sunday Lunch:	12:15-1:15pm
Saturday & Sunday Supper:	4:45-5:45pm

If you have questions about this menu, please call the Food Service Department at 520.770.3696 or send an email to jeanne.foster@asdb.az.gov

The US Department of Agriculture prohibits discrimination in the operation of the Child Nutrition Programs on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call toll free 866.632.9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at 800.877.8339 or 800.845.6136 (Spanish).